

GöteborgsVarvets Seedningslopp i Helsingborg den 17 mars 2013

Herrar

| | | | | | |
|----|---------------|--------------------|--------------------------|---------------|----------|
| 1 | Johan | Larsson | Strömstad löparklubb | | 00:30:10 |
| 2 | Hans | Larsson | MAI | Malmö | 00:32:16 |
| 3 | David | Hartman | Björnstorps IF | | 00:33:13 |
| 4 | Ola | Kärnefelt | Ekman Löparkonsult | | 00:33:31 |
| 5 | Fredrik | Brobeck | | Helsingborg | 00:35:58 |
| 6 | Mikael | Westin | | Lund | 00:36:09 |
| 7 | Erik | Blommegård | Apladalens Lk | Hyltebruk | 00:36:30 |
| 8 | Jonathan | Gunnarsson | | Malmö | 00:36:37 |
| 9 | Miro | Cepiansky | IS Göta | KLIPPAN | 00:36:53 |
| 10 | Erik | Alnervik | | Helsingborg | 00:37:29 |
| 11 | Aron | Wohlström | | | 00:37:43 |
| 12 | Simon | Strand | Heleneholms IF, Malmö | Löddeköpinge | 00:37:44 |
| 13 | Christoffer | Nilsson | | Hässleholm | 00:37:55 |
| 14 | Johan | Skugge | | Sollentuna | 00:38:08 |
| 15 | Kristofer | Kiste | IS Göta | Helsingborg | 00:38:32 |
| 16 | Björn | Östenson | | Kristianstad | 00:38:35 |
| 17 | Niklas | Lundh | | Hallaryd | 00:38:36 |
| 18 | Lucas | Brandt | IS GÖTA | | 00:38:36 |
| 19 | Tobias | Jurevik | | Göteborg | 00:38:38 |
| 20 | Jonas | Askautrud | Frosta Multisport | Höör | 00:38:40 |
| 21 | Filip | Herbst | | Halmstad | 00:38:53 |
| 22 | Fredrik | Hallsten | Karlskrona Sim Triathlon | Nättraby | 00:38:53 |
| 23 | erik | dahl | | Malmö | 00:38:57 |
| 24 | Henrik | Teinvall | IS Göta | Helsingborg | 00:39:04 |
| 25 | Mikael | Löfving | IF Hagen OK | Helsingborg | 00:39:05 |
| 26 | Markus | Gustafsson | | Malmö | 00:39:07 |
| 27 | Joakim | Edvardsson | | Hässleholm | 00:39:10 |
| 28 | Pär | Karlsson | | Malmö | 00:39:13 |
| 29 | Mikael | Pihl | | Dalby | 00:39:18 |
| 30 | Marcus | Lindh | | Malmö | 00:39:33 |
| 31 | Anders | Höjman | Perstorp AB IF | Ängelholm | 00:39:40 |
| 32 | Markus | Andersson | | Göteborg | 00:39:41 |
| 33 | Hampus | Börjesson | åhus FIK | Yngsjö | 00:39:44 |
| 34 | Niklas | Carlson | IF Hulta | Helsingborg | 00:39:59 |
| 35 | Anders | Östergren | | Båstad | 00:40:01 |
| 36 | Johan | Kesten | | | 00:40:12 |
| 37 | Ola | Leffler | | Helsingborg | 00:40:14 |
| 38 | Jean-Baptiste | Pouzet | | Lund | 00:40:16 |
| 39 | Henrik | Ekstrand | Pildammarna | Malmö | 00:40:24 |
| 40 | victor | carlsson | | Malmö | 00:40:28 |
| 41 | Peter | Björnskov-Johansen | | Frederiksberg | 00:40:29 |
| 42 | Per-Martin | Carlsson | | Kalmar | 00:40:47 |
| 43 | Mats | Boman | | Halmstad | 00:40:48 |
| 44 | Anton | Andersson | | Klippan | 00:40:57 |
| 45 | Kristoffer | Mattsson | | Lund | 00:41:01 |
| 46 | Michel | Johansson | IS Göta- Helsingborg | Viken | 00:41:11 |
| 47 | wilhelm | claesson | | Ängelholm | 00:41:14 |
| 48 | Jonas | Tunås | | Möndal | 00:41:15 |
| 49 | Kjell | Hårsmar | | Kristianstad | 00:41:20 |
| 50 | Jens | Thuresson | | Lund | 00:41:24 |
| 51 | Robin | Sallroth | | Bromölla | 00:41:27 |
| 52 | stefan | thörnqvist | OK Gyngö | broby | 00:41:27 |
| 53 | Kristian | Kornhag | | Malmö | 00:41:29 |
| 54 | Jens | Andersson | | Landskrona | 00:41:30 |
| 55 | Felix | Alnervik | Helsingborgs sok | | 00:41:31 |
| 56 | Amadeus | Frick | | Örkelljunga | 00:41:39 |
| 57 | Pierre | Olofsson | | Malmö | 00:41:40 |
| 58 | Magnus | Arvidsson | | Ängelholm | 00:41:47 |

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|-----|------------|--------------------|------------------------|---------------|----------|
| 59 | Alexander | Giannini | | Halmstad | 00:41:51 |
| 60 | Henrik | Fors | | Hässleholm | 00:41:53 |
| 61 | Fredrik | Lindahl | | Malmö | 00:41:58 |
| 62 | Jens | Hultberg | | Mörarp | 00:42:01 |
| 63 | Magnus | Kwant | | Tyringe | 00:42:14 |
| 64 | Kristoffer | Roos | | Helsingborg | 00:42:15 |
| 65 | Magnus | Steen | IS GÖTA | | 00:42:19 |
| 66 | Christian | Jonsson | | malmö | 00:42:24 |
| 67 | stefan | tillberg | | Åstorp | 00:42:25 |
| 68 | Karl | SKugge | PEAB IF | Helsingborg | 00:42:26 |
| 69 | Mikael | Andersson | HLK-92 | Helsingborg | 00:42:29 |
| 70 | Fredrik | Ludvigsson | Arkitektbyrå Design | Torslanda | 00:42:29 |
| 71 | Ingvar | Augustsson | | Örkelljunga | 00:42:32 |
| 72 | Henrik | Rye | | Rydebäck | 00:42:33 |
| 73 | Oscar | Rauer | | Hässleholm | 00:42:37 |
| 74 | Quentin | Esmieu | Alstom Transport | Helsingborg | 00:42:43 |
| 75 | Kristian | Wahlgren | | Helsingborg | 00:42:44 |
| 76 | Adrian | Hansson | | Munka Ljungby | 00:42:51 |
| 77 | Klas | Persson | SK Graal | Strömsnäsbruk | 00:42:54 |
| 78 | Gustav | Sjöström | | Göteborg | 00:42:57 |
| 79 | Erik | Hallengren | | Lund | 00:42:58 |
| 80 | Ulf | Johansson | Solvikingarna/Cordovan | BILLDAL | 00:43:00 |
| 81 | Mattias | Berglund | | Malmö | 00:43:04 |
| 82 | Michael | Persson | IS Göta- Helsingborg | Höganäs | 00:43:08 |
| 83 | Peter | Ekborg | | Ramlösa | 00:43:11 |
| 84 | Pontus | Ivarsson | | Lund | 00:43:14 |
| 85 | Patrik | Johnfors | | Helsingborg | 00:43:22 |
| 86 | Farzad | Pakzad | | Lund | 00:43:23 |
| 87 | Mathias | Granberg | | Hisings Backa | 00:43:24 |
| 88 | Erik | Löfberg | | Malmö | 00:43:29 |
| 89 | Patrik | Olsson | | Rydebäck | 00:43:29 |
| 90 | Lennart | Nordkvist | | Vejbystrand | 00:43:30 |
| 91 | Anders | Grundberg | | Genarp | 00:43:34 |
| 92 | Jonatan | Kazimiersky | | Hässleholm | 00:43:34 |
| 93 | Morgan | Jönsson | | Osby | 00:43:34 |
| 94 | Johan | Blommegård | | Hyltebruk | 00:43:36 |
| 95 | Cyril | de Avellar | | Helsingborg | 00:43:41 |
| 96 | Andreas | Blomqvist | | Helsingborg | 00:43:42 |
| 97 | Joel | Sjöholm | Pan-Kristianstad | Höör | 00:43:47 |
| 98 | Robert | Nehez | IS Göta Helsingborg | Helsingborg | 00:43:54 |
| 99 | Jonas | Dahlin | | Helsingborg | 00:43:54 |
| 100 | Martin | Lantz | | Ängelholm | 00:43:54 |
| 101 | Magnus | Ericsson | | Staffanstorp | 00:43:59 |
| 102 | Haris | Juzbasic | | Ängelholm | 00:44:00 |
| 103 | Jesper | Fahlén | Perstorp AB IF | Viken | 00:44:01 |
| 104 | Martin | Ejermark | RC Florens | Växjö | 00:44:02 |
| 105 | Tom | Edman | | Bankeryd | 00:44:03 |
| 106 | Carl | Strömblad Johnsson | | Helsingborg | 00:44:03 |
| 107 | Christian | Calvert | | | 00:44:03 |
| 108 | Jonas | Hafström | | Växjö | 00:44:06 |
| 109 | Anton | Bengtsson | | Markaryd | 00:44:07 |
| 110 | Fredrik | Aplander | | Helsingborg | 00:44:08 |
| 111 | Marcus | Nagy | | Eslöv | 00:44:10 |
| 112 | Jonas | Höjman | | Förslöv | 00:44:16 |
| 113 | Mattias | Lindberg | | Malmö | 00:44:17 |
| 114 | Hannes | Tunås | | Möndal | 00:44:33 |
| 115 | Tomas | Berg | | Örkelljunga | 00:44:35 |
| 116 | Ola | Bertilsson | | Eslöv | 00:44:36 |
| 117 | Simon | Hårsmar | | Kristianstad | 00:44:38 |
| 118 | Olle | Sjödahl | | Åsljunga | 00:44:39 |

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| 119 | ola | olsson | Hästhults AIK | vittsjö | 00:44:42 |
| 120 | Håkan | Johnson | IF Hulta | Höganäs | 00:44:45 |
| 121 | Lars | Stålhammar | | Kävlinge | 00:44:46 |
| 122 | Peter | Sandin | | Örkelljunga | 00:44:48 |
| 123 | Pierre | Unebratt | | Lund | 00:44:53 |
| 124 | Mikael | Svensson | | Osby | 00:44:57 |
| 125 | Fred | Isaksson | | Visby | 00:44:59 |
| 126 | marcus | lian | | mölnadal | 00:45:01 |
| 127 | Olof | Nilsson | | skurup | 00:45:05 |
| 128 | Christian | Ewert | | Stora Höga | 00:45:06 |
| 129 | Jan | Lepasoon | | PIXBO | 00:45:10 |
| 130 | Andreas | Olsson | | Sölvesborg | 00:45:12 |
| 131 | Svante | Fahlström | | Malmö | 00:45:12 |
| 132 | Johan | Radix | | Göteborg | 00:45:13 |
| 133 | Anders | Nilsson | | Landskrona | 00:45:15 |
| 134 | Markus | Arvidsson | | Lund | 00:45:19 |
| 135 | Robert | Florman | | Bjuv | 00:45:19 |
| 136 | Henrik | Ask | Björnstorps If | Dalby | 00:45:20 |
| 137 | Andreas | Nyréus | | Värnamo | 00:45:20 |
| 138 | jimmy | hultgren | | karlshamn | 00:45:21 |
| 139 | Joakim | Persson | | | 00:45:24 |
| 140 | Andreas | Bring | | Källby | 00:45:25 |
| 141 | Jonny | Brun | | Nödinge | 00:45:25 |
| 142 | John | Andersson | | Malmö | 00:45:25 |
| 143 | Fredrik | Eek | | Kävlinge | 00:45:31 |
| 144 | John | Vånemo | | Mörarp | 00:45:33 |
| 145 | Tobias | Ek | | Skummeslövsstrand | 00:45:34 |
| 146 | P-A | Angenius | | Engelholm | 00:45:36 |
| 147 | Jo | Dessezar | Porsche runners | | 00:45:38 |
| 148 | Jens | Müller | | Hässleholm | 00:45:41 |
| 149 | Robert | Nilsson | Ängelholms IF | Ängelholm | 00:45:42 |
| 150 | Fredrik | Öijer | | Lomma | 00:45:42 |
| 151 | Paul | Feltberger | | Svedala | 00:45:45 |
| 152 | robin | Oddmo | | kävlinge | 00:45:46 |
| 153 | Tony | Jönsson | Ryssbergets IK | Kristianstad | 00:45:47 |
| 154 | Rasmus | Lovén | | Malmö | 00:45:50 |
| 155 | Jonas | Standar | | Malmö | 00:45:54 |
| 156 | Philip | Lingebrant | | Helsingborg | 00:45:57 |
| 157 | Anders | Håkansson | | Eslöv | 00:45:58 |
| 158 | David | Cartne | | Kristianstad | 00:46:00 |
| 159 | Per | Jonsson | Daloc motion & fritid | Bunkeflostrand | 00:46:00 |
| 160 | Rickard | Alfredsson | | Malmö | 00:46:00 |
| 161 | Peter | Olofsson | Atea Sverige AB | Gantofta | 00:46:02 |
| 162 | Krister | Södergren | | Viken | 00:46:02 |
| 163 | anders | bengtsson | Ängelholms IF | Munka-Ljungby | 00:46:02 |
| 164 | Magnus | Strand | Söderåsens FK | Löddeköpinge | 00:46:03 |
| 165 | Johan | Aldebring | IS GÖTA | | 00:46:22 |
| 166 | Olle | Andersson | | | 00:46:25 |
| 167 | Magnus | Wallin | | Ängelholm | 00:46:35 |
| 168 | Martin | Larsson | | Lund | 00:46:38 |
| 169 | Adrian | Blum Fagerström | | Malmö | 00:46:40 |
| 170 | Rickard | Persson | | Hässleholm | 00:46:43 |
| 171 | Viktor | Blücker Bäckström | | Kalmar | 00:46:44 |
| 172 | Emil | Ek | | Halmstad | 00:46:44 |
| 173 | Anders | Fyhr | | Kristianstad | 00:46:52 |
| 174 | Petter | Karlsson | FSD | Helsingborg | 00:46:58 |
| 175 | Tomas | Nylander | | Saxtorp | 00:47:01 |
| 176 | Johan | Gunnarsson | | Hässleholm | 00:47:11 |
| 177 | göran | lundblad | | mörarp | 00:47:12 |
| 178 | Jonatan | Leffler | | Malmö | 00:47:14 |

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|-----|----------|--------------|---------------------------|-----------------|----------|
| 179 | Tomas | Jensen | | | 00:47:18 |
| 180 | Mikael | Calner | | Lund | 00:47:22 |
| 181 | Kavjan | Hagi Negad | | Göteborg | 00:47:28 |
| 182 | Tobias | Billing | Spets AB | Dösjebro | 00:47:30 |
| 183 | Fredrik | Bredhammar | | Göteborg | 00:47:30 |
| 184 | Victor | Glans | | Oxie | 00:47:31 |
| 185 | Torbjörn | Bergman | Donsö IS | Dosn | 00:47:32 |
| 186 | Björn | Jälén | | Lund | 00:47:36 |
| 187 | Andreas | Nilsson | | Helsingborg | 00:47:42 |
| 188 | Mikael | Persson | | Löberöd | 00:47:43 |
| 189 | Johan | Jensen | | Löddeköpinge | 00:47:44 |
| 190 | Joakim | Löfberg | Öbacka LK | Härnösand | 00:47:49 |
| 191 | Pontus | Steen | | Malmö | 00:47:50 |
| 192 | Michael | Persson | | Helsingborg | 00:47:52 |
| 193 | Mattias | Backan | | Malmö | 00:47:56 |
| 194 | Joakim | Wesslén | | Staffanstorp | 00:48:04 |
| 195 | Per-Olof | Svensson | | Halmstad | 00:48:06 |
| 196 | Tobias | Karlsson | Falkenbergs roddklubb | | 00:48:10 |
| 197 | Pontus | Nelderup | | Helsingborg | 00:48:13 |
| 198 | Johan | Nilsson | | Trelleborg | 00:48:15 |
| 199 | peter | hammarström | | Jönköping | 00:48:19 |
| 200 | Per | Edvardsson | | Hästveda | 00:48:32 |
| 201 | Niall | Coghlan | IS Göta | Ödåkra | 00:48:38 |
| 202 | Joakim | Gustavsson | | Södra sandby | 00:48:41 |
| 203 | Joakim | Svensson | | Ängelholm | 00:48:41 |
| 204 | Mats | Broomé | Börjessons Bil AB | Ängelholm | 00:48:48 |
| 205 | Chris | Fransson | | | 00:48:49 |
| 206 | Magnus | Ståhl | | Älmhult | 00:48:49 |
| 207 | Johan | Cedergren | | Helsingborg | 00:48:51 |
| 208 | Rickard | Thorsson | | Bara | 00:48:51 |
| 209 | Niclas | Johansson | | Göteborg | 00:48:55 |
| 210 | Mattias | Magnusson | Team Allmans | Brämhult | 00:48:58 |
| 211 | Karlsson | Håkan | Mellbystrand runnes | | 00:48:59 |
| 212 | Ulf | Hassling | | Rydebäck | 00:49:01 |
| 213 | Stefan | Bengtsson | | Furulund | 00:49:02 |
| 214 | Raine | Isaksson | | Visby | 00:49:03 |
| 215 | Kenneth | Karlsson | | Stoby | 00:49:16 |
| 216 | Joakim | Palmertz | Palmertz IF | Västra Frölunda | 00:49:17 |
| 217 | Jesper | Oredsson | Team Genarp | Genarp | 00:49:19 |
| 218 | Thomas | Hallberg | | Eslöv | 00:49:29 |
| 219 | Thomas | Myren | | Halmstad | 00:49:31 |
| 220 | Uno | Viberg | | Lund | 00:49:34 |
| 221 | Fredrik | Lefdal | LK Uven | Malmö | 00:49:34 |
| 222 | Anders | Rundberg | | Strömsnäsbruk | 00:49:38 |
| 223 | Jonny | Hansson | | Bjuv | 00:49:44 |
| 224 | Joakim | Nilsson | | Höör | 00:49:49 |
| 225 | Mats | Bernhartz | Else AB | Mölnlycke | 00:49:53 |
| 226 | Gustaf | Hansson | | Malmö | 00:49:57 |
| 227 | Tobias | Pålsson | | Klippan | 00:49:59 |
| 228 | Jakim | Frederiksen | | Ängelholm | 00:50:03 |
| 229 | Jonatan | Nilsson | | Perstorp | 00:50:07 |
| 230 | Alija | Alagic | Halmstad Garnisons IF | Halmstad | 00:50:13 |
| 231 | Ted | Söderholm | | Jonstorp | 00:50:15 |
| 232 | Niklas | Bruér | | Lomma | 00:50:19 |
| 233 | Martin | Thorén | M & C United | Ängelholm | 00:50:26 |
| 234 | Fredrik | Nilsson | | Helsingborg | 00:50:30 |
| 235 | Mikael | Karlsson | | Lerberget | 00:50:31 |
| 236 | glenn | ragnvaldsson | | mörum | 00:50:43 |
| 237 | Anders | Cederquist | | Bredaryd | 00:50:53 |
| 238 | Fredrik | Nilsson | Sv Riesenschnauzerklubben | Åsenhöga | 00:50:55 |

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|-----|-------------|------------|---------------------------|--------------|----------|
| 239 | Christopher | Wärnelöv | IFK Göteborg | Göteborg | 00:50:58 |
| 240 | Tommy | Karlsson | | perstorp | 00:51:01 |
| 241 | Fredrik | Bring | | Lidköping | 00:51:08 |
| 242 | Tommy | Karlsson | | Helsingborg | 00:51:16 |
| 243 | Andreas | Heskebeck | | Åkarp | 00:51:17 |
| 244 | Johan | Magnusson | | Landskrona | 00:51:21 |
| 245 | Kenneth | Wåhlander | | Höganäs | 00:51:32 |
| 246 | Torbjörn | Wahlström | | Trelleborg | 00:51:44 |
| 247 | Tobias | Persson | | Dösjebro | 00:51:49 |
| 248 | Tony | Farinha | | Oslo | 00:52:08 |
| 249 | Kim | Hockum | | Helsingborg | 00:52:19 |
| 250 | Daniel | Skoglösa | | Lund | 00:52:19 |
| 251 | Rikard | Fors | | | 00:52:19 |
| 252 | Anders | Johansson | | Hjärup | 00:52:43 |
| 253 | Stefan | Hedenfeldt | | Helsingborg | 00:52:49 |
| 254 | Anders | Unger | | Bjärred | 00:52:51 |
| 255 | Johnny | Svensson | | Vejbystrand | 00:52:56 |
| 256 | Patrik | Andersson | | Perstorp | 00:53:00 |
| 257 | Staffan | Nilsson | IS Göta | Helsingborg | 00:53:05 |
| 258 | Karl-Johan | Irell | IF Hulta | Ödåkra | 00:53:08 |
| 259 | Kim | Berggren | | SJÖBO | 00:53:08 |
| 260 | Lennart | Jensen | IS Göta | Helsingborg | 00:53:10 |
| 261 | Lars | Peterson | | Helsingborg | 00:53:14 |
| 262 | Pär | Svensson | | Malmö | 00:53:14 |
| 263 | Olof | Glebe | | Båstad | 00:53:14 |
| 264 | Fredrik | Öberg | | Malmö | 00:53:16 |
| 265 | Patrik | Biel | | Yngsjö | 00:53:20 |
| 266 | Anders | Nilsson | | Helsingborg | 00:53:30 |
| 267 | Jens | Rönnow | | Helsingborg | 00:53:43 |
| 268 | Pehr | Björstrand | | Barsebäck | 00:53:56 |
| 269 | Björn | Vuokivi | | Hyllinge | 00:53:56 |
| 270 | Anders | Axelsson | | Helsingborg | 00:54:05 |
| 271 | Christer | Bergelin | | Stoby | 00:54:07 |
| 272 | Martin | Andersson | | Gantofta | 00:54:21 |
| 273 | Rolf | Löfström | | Åstorp | 00:54:28 |
| 274 | Björn | Rosengren | | Eslöv | 00:54:35 |
| 275 | anders | berg | | råå | 00:54:49 |
| 276 | Jan | Hallgren | | Älmhult | 00:54:52 |
| 277 | Jimmy | Jönsson | | Ängelholm | 00:54:58 |
| 278 | Anders | Olsson | FK Snapphanarna ängelholm | | 00:55:07 |
| 279 | Lennart | Andersson | | Örkelljunga | 00:55:21 |
| 280 | Erik | Nilsson | | Malmö | 00:55:29 |
| 281 | Paul | Hammarbäck | Öresundskraft IF | Helsingborg | 00:55:36 |
| 282 | Robert | Ljunggren | | Sjöbo | 00:55:56 |
| 283 | Mikael | Rundberg | | Mellbystrand | 00:56:32 |
| 284 | Lars | Johansson | | Kågeröd | 00:57:22 |
| 285 | Pontus | Nolblad | | Sigtuna | 00:57:25 |
| 286 | Jan | Prytz | | Furulund | 00:57:52 |
| 287 | niklas | ståhlros | | älmhult | 00:57:54 |
| 288 | Johan | Jolfson | IS GÖTA | | 00:58:30 |
| 289 | Lars | Hyrefelt | | Landskrona | 00:59:30 |
| 290 | Pär | Möller | | Malmö | 01:00:52 |
| 291 | Kristian | Berlin | | Helsingborg | 01:01:41 |
| 292 | Johan | Bertlett | | Helsingborg | 01:04:06 |
| 293 | Jette | Riis | | Rønne | 01:06:54 |
| 294 | Gustaf | Scheja | | Lund | 01:16:24 |